1. Which of the following shows the correct order of processes to examine the abdomen?
2. Auscultation, inspection, percussion, palpation
3. Inspection, auscultation, percussion, palpation
4. Inspection, palpation, percussion, auscultation
5. Auscultation, palpation, percussion, inspection
6. Which portion of the stethoscope should be used to auscultate bowel sounds?
7. Bell
8. Diaphragm
9. Either side
10. When you percuss over the liver and spleen, you would expect to hear:
11. Dullness
12. Hyper-resonance
13. Resonance
14. Tympany
15. Bowel sounds are typically heard:
16. At regular intervals every 5 seconds
17. At irregular intervals every 5-15 seconds
18. Only with hyperactive bowel
19. Only with hypoactive bowel
20. Which form of incontinence is a normal change of aging?
21. Overflow
22. Functional
23. Stress
24. None of the above
25. Assessment for stress incontinence is done by which of the following methods:
26. Measuring post residual void
27. Place 4x4 between legs, instruct resident to cough vigorously, and check 4x4 for wetness
28. Use of a bladder scanner
29. What is a normal age related change to the GU system?
30. Blood flow thru kidneys increases
31. Loss of kidney tissue r/t ↓ nephrons
32. ↑ development of kidney stones
33. Which medications impact urinary continence?
34. Diuretics
35. Antidepressants
36. Opioids
37. All of the above
38. None of the above
39. The presence of ketones in urine indicates:
40. Breakdown of protein
41. Breakdown of fats for energy
42. Kidney disease
43. Inflammation
44. What is the best way to assure adequate fluid intake for your resident?
45. Calculate fluid needs and develop a plan for delivery
46. Provide for 1500cc/day
47. Encourage fluids throughout day/night